

**Health & Wellbeing Association Meeting
5 March 2019 - 10.30am in North Berwick Community Centre**

Present: **Tillie Baird co-chair**
Deborah Ritchie, Local resident and co-chair (DR)
Sandra King, ELC (SK)
Ian Donald, North Berwick Day Centre (ID)
Alex Hutchison local resident
John Baird Voluntary car scheme
Kirsty Milne NB community centre
Irene Galloway Law residents
Anne Orr Dirleton Good Neighbours
Sally Heatherington Stepping Out

Apologies: Sue Northrop, EL Dementia Friendly & North Berwick Community Council; Val Thomson, NB health Centre; Katie Nevans, ELC (KN); Nicky Fox; James Barbour, Gullane Community Council,

1. Welcome and introductions-

Three new members Irene Galloway, Kirsty Milne and Sally Heatherington.

It was noted that Val Thomson is leaving the North Berwick Health Centre and we acknowledged the enormous support she has given the association. Wilma Kelly is taking over the role.

ACTION to formally request a meeting with Wilma.

2. Matters Arising

IJB strategic plan of primary care are holding a consultation meeting at the Brunton theatre on 7/3. We have also been offered a local workshop. It was decided the timescale was too short to organize a public workshop.

ACTION to inform Jane Ogden-Smith that we would support a workshop if the deadline was extended.

3. Tackling Loneliness Project

The interviews have been conducted and the preferred candidate has been offered the post. Postholder to start in April. Carers of East Lothian have provided excellent support.

ACTION Postholder to attend April or May meeting

4. ENJOY Leisure

Manage the leisure centres and are to withdraw all crèche provision. The health impact on isolated mothers was explored. It was also noted the additional impact for those people on low income and their physical and mental health resources. This flies in the face of what we are trying to achieve with our project to tackle loneliness and isolation.

ACTION We will write a letter to ENJOY Leisure expressing our concern. Sally to send information on the potential impact.

There is a local petition which you can sign the petition here

<https://you.38degrees.org.uk/petitions/keep-our-creche>

5. Re provisioning of Health and Social Care

The meeting on 5th Feb with NBCC was very productive. NBCC invited us to write an article for Connect (CC news magazine delivered to every home) – it shows we are working together on this important issue.

There is a meeting at the Abbey Care Home on 14/3 at 10.30 am to get their input.

IJB have commissioned SE Hub Scotland Limited (a PPI company) to write a proposal to scope the project and funding for project teams and project managers. The Project manager post is not yet advertised. We have concerns about delayed timescale. The community needs to reach consensus on the extra care housing models and provision for the current NHS type provisions for end of life care and very frail elderly.

ACTION H&WB, CC, GP Practice, Friends of the Edington and the Abbey will continue working together on key agreement areas. The note of their meeting on 5th Feb is attached.

To ask IJB for a copy of the proposal to ensure the key approach requested by the community is included and to ask for a comprehensive literature review on the effectiveness of different models to be included in the funding proposal. Also to request a copy of the project managers job description

6. Website development- shortly to go live. www.northberwickhealthandwellbeing.co.uk

We will need to find on going yearly management costs after year 1 unless we want the group to manage it.

7. Sheltered Housing Contracts

Still concerns that the “shelter’ has been removed from these facilities. Some confusion about the process of contract changes for the tenants. Issy has volunteered to scrutinise the revised contracts. Implications noted for the development of extra care housing.

It was noted that a new service coordinator, Robert Beattie, has been appointed to cover the secondment of the previous coordinator. We will continue a watching brief.

ACTION Ian to draft a letter about our shared concerns, about the changes in provision locally, and the more general points about the loss of the concept of a sheltered housing provision. In addition we note the potential implications of changes to contracts for extra care housing provision.

8. Remembrance Lunch 11th May

Scottish Poetry Library will advertise the writing workshops in the next two weeks and they will manage the bookings. Tickets (free) for the lunch for 25 people will be at the NB community centre and the NB day centre and possibly a local shop.

ACTION The villages are encouraged to communicate the event and all villages are welcome to send people.

9. Dementia Friendly

Feedback on Carers Strategy event. Sue Northrop has suggested a small support group for the work in North Berwick would be helpful and she is going to contact people individually.

10. Increasing Membership of H&WB Group

It is hoped that the website and Facebook page will attract new members. It continues to be a priority as we have a full agenda. If new issues arise we will need to identify new leads for pieces of work. Succession planning over the next 12 months for co-chair positions is needed.

11. Villages

Successful model of café chats in Dirleton - 4 sessions completed. Dirleton group are exploring the use of the school hall for intergenerational work, at a reduced charge.

12. Transport to Edinburgh Hospitals

This remains a serious gap in transport service for people attending the hospital for patients and visitors. The 122 Haddington/Drem loop only just links with the 111 Haddington/ERI with 3 mins to spare.

ACTION to be flagged as an important issue to the AP On the Move Group and taken to next Area partnership meeting.

13. Finance Report- to be presented at the next meeting.

Evaluation of the Intergenerational Event has been completed and submitted to the area partnership. If anyone wants a copy please let Tillie know.

14. AOCB

Signs 'You are welcome to use our toilet' are going into some shops in North Berwick.

Community Resilience plan has completed an up to date asset register, personal resilience plans for vulnerable people and plans a further community day.

There is a new transport initiative set up for people with dementia – Turn to Us - website

www.turn-to-us.co.uk

Community Cycling www.cyclinguk.org/community-cycle-clubs

ACTION POINTS

ACTION - Closing of crèches - H&WB to write letter to ENJOY Leisure. Sally to send information on the potential impact. **(SALLY)**

Sign the petition if you can **(EVERYONE)**

ACTION - REPROVISIONING

Paper from CC/GP/Edington /Abbey meeting attached to email.

To ask for a copy of the proposal to ensure the key approach requested by the community is included and to ask for a comprehensive literature review on the effectiveness different models to be included in the funding proposal. To request a copy of the project managers job description **(DEBORAH)**

ACTION - SHELTERED HOUSING

Ian to draft a letter about our shared concerns about the changes in provision locally, and the more general points about the loss of the concept of a sheltered housing provision. In addition to note the potential implications of changes to contracts for extra care housing provision. **(IAN)**

ACTION - Transport to Edinburgh hospitals

to be flagged as an important issue to the ON the Move Group and taken to next Area partnership meeting. **(JOHN)**

ACTION Remembrance Lunch

The villages are encouraged to communicate the event and all villages are welcome to send people. **(ANNE ORR)**

Date of next meeting Tuesday 2nd April 10.30 Community Centre

Nbc-ap@eastlothian.gov.uk